

## The Pulse of Business in Culpeper

### members in the news

**UVA Health Culpeper Medical Center** is excited to congratulate to Heather Cannova, FNP, at Family Medicine and Same Day Care Dominion; Ashley Brushwood, RN; Kayla Jenkins, RN; and Dawn Brown, RN for receiving the DAISY Award for Extraordinary Nurses from the DAISY Foundation!

Do you find yourself regularly clicking "Remind Me Later" on your computer updates? It is easy to do. They usually don't pop up at convenient times. **Windstar Technologies** wants to remind you to update your computer - it could end with ransomware if not updated. Try setting updates to happen automatically overnight. Your future self will thank you.

**Cleopatra Vaughn** - Spring is finally here and so is event season. This is our busiest time of year, so be sure to plan ahead. Check the fit and length of your garments as soon as you can. If alterations are needed, we can help.

**Bo Kilby of R W Kilby Wire and Water** congratulated Jay Murray who successfully completed another Briggs & Stratton Power Academy Course for Home Standby Generators. These courses keep Jay up to date on standby generator innovation and technology. An outstanding employee, Jay has been employed with us since 2000 and is very knowledgeable in the electrical field.

**Cobblestone Streets Coffee** is excited to join the 2026 Culpeper Farmers Market season! We'll be popping in on select Saturdays, so follow us on social media for our schedule. Each visit features classic favorites alongside new seasonal flavors—crafted fresh and served from our mobile espresso bar.

Russell Hilderbrand, RPT of Culpeper's **Note By Note Tuning**, recently represented the Piano Technicians Guild at the Music Teachers National Association's 150th Anniversary Conference in Chicago. As Chairman of the Teacher Relations Committee, Russell joined national colleagues to provide piano maintenance education and technician referrals to thousands of attendees. The PTG

was specially recognized during the opening ceremony as a vital partnering organization dedicated to supporting music educators nationwide.

**The Signature Team of Re/Max Gateway** - Stephanie Yowell and Maria Fay have earned their Certified Probate Specialist (CPS) designation. This certification reflects advanced training in probate and estate-related real estate transactions, highlighting their expertise in legal coordination and compassionate guidance for executors and families navigating complex property sales.

**It Sucks Sometimes** is a free monthly support group open to anyone with a cancer diagnosis, regardless of age, gender, or cancer type. We meet the last Thursday of each month at 6 p.m. at Elevate Culpeper, 107B E. Davis St. You don't have to face this alone.

**The Blue Ridge Choral** is excited to present their spring concert! Join them May 1 at 7:30 pm at Lake of the Woods Church or May 3 at 3:00 pm at Culpeper Methodist Church. Admission is free, with donations appreciated.

**Clean Technology Capital** encourages Culpeper residents to talk to their local Board of Supervisor about promoting local community solar projects. Without the need for owning your own system or putting money down, qualified Dominion customers can receive up to a 20% discount on their residential bills for 20 years through subscription to community solar projects.

**Darin's Event Catering** (DBA Tha Muncheez) recently upgraded to a new food trailer and expanded operations in Culpeper. Since reopening, the business has seen significant growth, including increased community engagement and strong weekly sales. Darin continues to build both his food truck presence and catering services across the region.

**Home & Tack Organizing** - Moving season is here! To ensure a smooth transition, remember to notify banks, insurance, and schools of your new address. Don't forget to forward your mail via the post office and transfer medical records to local providers. Since moving is expensive, simplify by "editing" your belongings—donating unused items

### member spotlight



**Nokesville Heating & Air Conditioning** is proud to be a family-owned business serving our local community. Our team continues to grow and evolve, bringing dependable service and attention to detail to every home we step into. We're grateful for the trust our customers place in us every day.

is often less stressful than hosting a yard sale. Reach out for my full moving checklist!

**WJMA / SAM FM / PPM** - Before advertising, define your ideal client—consider gender, age, income, hobbies, and habits. Set a monthly budget, clarify your goals, and review what you've tried before. A clear understanding of these pieces helps guide smarter, more effective decisions moving forward.

**Culpeper County Volunteer Fire & Rescue Association** - Join our team, training is free! We are looking for more motivated individuals to drive and operate emergency vehicles. The Culpeper County Volunteer Fire & Rescue Association in conjunction with Virginia Department of Fire Programs offers the Emergency Vehicle Operator Course (EVOC) multiple times a year, the next class is May 2026. This course is designed to equip students with knowledge and best practices for Class I, II and III apparatus. Are you ready to make a difference? Join one of the Volunteer Fire Companies in Culpeper County. Learn new skills, meet new people, and help your community. Enroll by contacting us at [www.ccvfra.org](http://www.ccvfra.org) or stop by your local Culpeper County Volunteer Fire & Rescue Station.

**Epiphany Catholic School** is excited to announce one of the biggest

events of the year: Epiphany Catholic School Gala—Off to the Races! Join us on May 2, 2026, for a night where tradition meets excitement. As our primary fundraiser, the Gala plays a vital role in supporting the ongoing needs and future growth of Epiphany Catholic School.

In the month of March, **Mom2Mom** distributed: 4,240 diapers, 164 packs of wipes, 65 cans of formula and 735 feminine hygiene products. Because of generous donors, families in our community don't have to choose between basic necessities and keeping the lights on. They are deeply grateful for each and every one of you who makes this work possible.

Please welcome Mike Sprinkel, a loan officer joining the Culpeper Branch of **Integrity Home Mortgage Corporation**. Mike brings a passion for helping clients navigate homeownership with confidence. "I believe every client deserves clarity and trust throughout the process," says Mike. Pro tip: get pre-approved early to strengthen your buying position.

**Bloom & Berry Market** is opening soon in Culpeper, bringing the community a fresh destination for natural, organic, and specialty foods. Our mission is to make clean, trustworthy, and nourishing food more accessible while creating a welcoming community space

centered on health, connection, and local care.

Celebrating Emily Carlton at **Pearl Sample Elementary**. For 10 seasons, she has shown up for girls as a **Girls on the Run** coach with consistency, care, and heart. Under her leadership, girls build confidence, friendships, and the courage to believe in themselves. We are so grateful for the impact she continues to make.

**Girls on the Run Piedmont** is excited to celebrate their 5K on May 2 at 8:00 a.m. at Lenn Park in Culpeper! Girls in grades 3-8 have been training all season for this moment. Come cheer them on and run alongside them.

Join **Aging Together** on June 2 (9am-4pm) at the Daniel Technology Center for the Aging in Community Conference. This \$35 event includes breakfast, lunch, and a wellness simulation for those supporting our older adults remaining in their own communities as they age. Additionally, we invite local businesses to become Dementia Friendly Workplaces. We offer free training for new or existing staff to help you better welcome those with dementia.

**Culpeper Wellness Foundation** (CWF) welcomes Tanya Bigwood as senior director of operations

& impact, providing strategic leadership support to operations, facilities, systems & execution within CWF and the two fitness centers, medical clinic and dental clinic CWF operates. Tanya brings more than 20 years of healthcare leadership and project management experience to her new role.

**UVA Health** is collecting non-perishable donations for a Feeding Our Neighbors Food Drive. Now through May 7th drop your donations in the box by the front desk in the main lobby of the UVA Health Culpeper Medical Center. All proceeds benefit The Culpeper Food Closet.

We are excited to celebrate Sasha Trumble, RN, with **Medi Home Hospice** in Culpeper, VA, who is approaching her one-year anniversary. She brings compassionate, knowledgeable care to every patient she serves. Her kindness and dedication make her a trusted advocate for those in need. Diligent and always willing to go above and beyond, Sasha consistently supports patients and families across Culpeper and surrounding counties with empathy and excellence. Thank you Sasha for your service!

April Staff Spotlight: Sherrell Carter has served as the Licensed Practical Nurse (LPN) for Assisted Living at

**Dogwood Village** for 17 years. Sherrell lives in Orange and has one son and two grandchildren. She enjoys reading and spending time with her family and friends. What she enjoys most about Dogwood Village is caring for the geriatric population and listening to their stories, which she finds truly rewarding. Sherrell believes Dogwood Village is a great place because of the strong sense of teamwork and the wonderful co-workers she has the opportunity to work alongside every day.

**Sattva Creative's** reminder this spring: your brand isn't just a logo –

it's every touchpoint your audience experiences. When your visuals, messaging, and website all speak the same language, trust builds naturally. That cohesion is what turns curious visitors into loyal clients.

The **disAbility Resource Center** is continuing to grow its Home Modification Program, supporting older adults and people with disabilities with safety and accessibility improvements. This work helps individuals remain in their homes while also bringing project opportunities to local contractors and partners.

## upcoming events

### April Before Hours Networking Social at PlayDate Children's Museum

Thursday, April 30 7:30-9am  
PlayDate - 318 S West Street, Culpeper

### Young Professionals Networking Luncheon

Wednesday, May 6 12pm  
Peppers Grill - 791 Madison Road, Culpeper  
**CulpeperFest**  
Friday, June 12 4-8pm  
Germanna Daniel Technology

Center - 18121 Technology Drive, Culpeper

### Ribbon Cuttings

Brandy Station Foundation's Graffiti House Renovations  
Friday, May 1 4pm  
19484 Brandy Road, Brandy Station

Culpeper Window & Siding's New Show Room  
Friday, May 8 12pm  
15025 Jats Dr, Brandy Station

## new members

### Meander Estate, LLC

Kim Watson  
2333 N James Madison Hwy  
Locust Dale, VA 22948  
540-672-4912  
admin@experiencemeander.com  
www.experiencemeander.com  
*Bed & Breakfasts/Inns*

### Culpeper Latino Market, LLC

Franz Rodriguez  
470 James Madison Hwy  
Culpeper, VA 22701  
(540) 229-0674  
culpeperlatinomarket@gmail.com  
www.culpeperlatinomarket.com  
*Gourmet Markets*

### Evergreen Behavioral Health Services, LLC

Bruce Wyman  
Rixeyville, VA 22727  
703-622-1283  
bwyman@evergreenbehavioralhs.com  
www.evergreenbehavioralhs.com  
*Mental Health Therapy*

### Cowan Roofing

Nathan Cowan  
357 Washington Street  
Madison, VA 22727  
540-308-5898  
marketing@cowanroofing.com  
www.cowanroofing.com  
*Roofing*

### Onward Customs LLC

Jace Stevens  
3494B Germanna Hwy

Locust Grove, VA 22508  
(540) 800-3194  
contact@onwardcustoms.com  
http://onwardcustoms.com  
*Apparel*

### First Citizen Bank

Sydney Phillips  
2101 Dominion Drive  
Charlottesville, VA 22901  
(434) 244-4021  
sydney.phillips@firstcitizens.com  
http://www.firstcitizens.com  
*Financial Services*

### Comfenergy

Daniel Bomar  
45714 Oakbrook Court, #180  
Sterling, VA 20166  
(571) 429-1031  
dbomar@comfenergy.com  
http://www.comfenergy.com  
*Home Improvement*

### Deep Roots Home & Garden Center

Amy Hemingway  
19065 Greens Corner Rd  
Culpeper, VA 22701  
(540) 845-3974  
info@deeprootshgc.com  
https://www.deeprootshgc.com/  
*Garden Center*

### Pathway Bookkeeping

Joy Miller  
(540) 227-6016  
joy@pathwaybks.com  
http://www.pathwaybks.com  
*Bookkeeping*



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